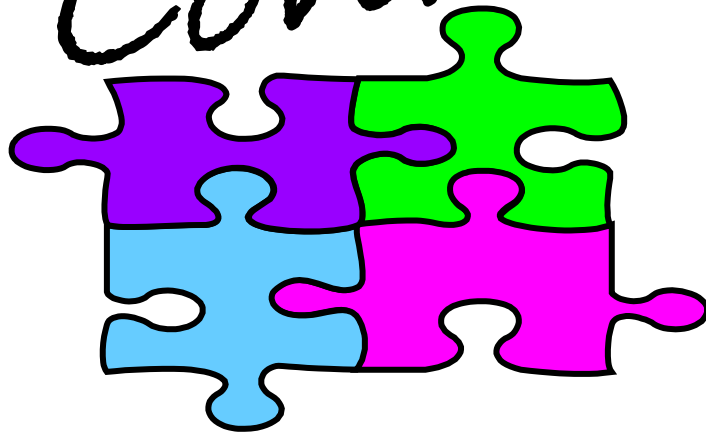




2013

Get Connected



@ the B.M.U.C

Fall Family Retreat

Where: Monte Toyon / Aptos, California

When: Friday, September 27 – Sunday, September 29

Making Connections Within the Church Community



WHY?

- Build Community
 - Get to know each other
 - Meet new people
 - Offer/Gain Support
 - Build Trust
 - Create a Safe Space
- (without comfort, safety and trust we will not share our feelings, beliefs, and spiritual thoughts)

HOW?

- Playing Games
- Asking Questions
- Singing/Dancing/Eating
- Engaging in Activities (mental, spiritual, creative)
- Sharing our Strengths / Weaknesses
- Sharing Stories
- Sharing Memories / Making Memories
- Sharing Resources
- Sharing Dreams, Hopes, Wishes
- Spending Time Together
- With an Open Heart & an Open Mind

HAVE FUN!!!